The heart is something that fascinates me. On the one hand, it is a pump that moves blood around the body and on the other it is the emotional centre of our lives, a place where we store our most cherished thoughts and memories. The latter is long thought to be a poetic idea but new research is emerging to support it. The title of this exhibition, The Quiet Heart, is based on my opinion that, for the most part, our hearts go unnoticed. We tend to ignore them as they quietly beat away all day everyday and it is emotional events such as meeting a lover after a long absence or health crises like a heart attack that bring them to our attention.

This exhibition combines digital and manual print techniques and collage. Strong colour evokes a playful childlike mood, transporting the viewer back to simpler times. The work explores the texture and colour of paper as well as its versatility of form. The images come from The Learn by Heart Project where patients and staff in Waterford Regional Hospital shared with me things they had learnt ‘off by heart’, and in so doing, contributed to this visual celebration of the heart.

The Waterford Healing Arts Trust and the artist would like to thank the following for their help and support:

- The WRH Management Team
- The staff and patients of Coronary Care, Cardiac Rehab and Renal Dialysis Units
- And everyone else who participated in The Learn by Heart Project

The Waterford Healing Arts Trust acknowledges the financial support of the Arts Council in making the artist in residence programme and this exhibition possible.

Mary Grehan
Arts Director

Acknowledgments

The Quiet Heart

The water is something that fascinates me. On the one hand, it is a pump that moves blood around the body and on the other it is the emotional centre of our lives, a place where we store our most cherished thoughts and memories. The latter is long thought to be a poetic idea but new research is emerging to support it.

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Martin Fahy
Artist in Residence
Waterford Healing Arts Trust 2012

About the Artist

Martin Fahy is from Waterford City. He is a Graphic Designer and Illustrator. He graduated from WIT with a BA. (Hons) in Design (Visual Communication) in 2011. This is his first solo exhibition.

Martin will be giving a tour of the works as part of Culture Night 2012 on September 21st at 7:30 pm.
The Quiet Heart

13th September – 2nd November 2012

In Waterford Regional Hospital &
the WHAT Centre for Arts & Health

An exhibition by

Martin Fahy, Artist in Residence
with the Waterford Healing Arts Trust