

<b>PROGRAMME 2017</b>		
<b>Time</b>	<b>Activity</b>	<b>Featuring</b>
9.30	Registration and coffee	
10.00	Welcome and setting the scene	Niamh O'Connor Arts Initiative in Mental Health, Sligo Marie Louise Blaney Education Curator, The Model Claire Meaney Acting Arts Director, WHAT
10.15	<b><i>Inspiring</i></b> An In Conversation with Mark Storor and Patrick Fox, chaired by Ailbhe Murphy	Mark Storor Award-winning British artist & theatre maker Patrick Fox Director, Heart of Glass, St Helens, Merseyside Ailbhe Murphy Director, Create
11.00	Coffee	
11.20	<b><i>Showcasing</i></b> Paired presentations by three partnerships  <i>The Creative Well:</i> Emma Finucane and Catherine O'Grady  <i>15 Miles:</i> Bernie Austin and Ceara Conway, Galway  <i>Care:</i> Dr Regina McQuillan of St Francis Hospice & Willfredd Theatre	Emma Finucane, visual artist Catherine O'Grady, HSE mental health division  Bernie Austin, Director of Nursing, Community Nursing Units in Galway City and East County Ceara Conway, visual artist and singer  Dr. Regina McQuillan, Palliative Medicine Consultant at St Francis Hospice Sophie Motley and Sarah Jane Shiels, Willfredd Theatre
12.20	Q&A	Chaired by Claire Meaney
12.40	Screening of <i>Whispers?</i> artsandhealth.ie documentation bursary awardee 2016	Marie Brett, visual artist Colm Mullen, filmmaker Q&A chaired by Emma Eager Acting Co-Ordinator, artsandhealth.ie
13.20	Lunch	
14.20	<b><i>Exchanging</i></b> Highlighting the burning issues and hot topics from the morning's talks, attendees will have an opportunity to meet their peers in facilitated discussion groups. The artist Naomi Draper will employ various creative devices to allow entry points into conversations that <b>invite participants to listen, share and exchange with one another.</b>	Visual Artist Naomi Draper and facilitators
16.00	Coffee	
16.20	Plenary session Feedback from the Exchange session	Chaired by Niamh O'Connor
16.50	Wrap up	Claire Meaney

## About the Contributors | Keynote Strand

### *Baa Baa Baric: Have You Any Pull? A Quiet Revolution*

In Conversation with Patrick Fox and Mark Storor

This In Conversation event with Patrick Fox, Director of Heart of Glass, and award-winning artist and theatre maker Mark Storor, will focus on *Baa Baa Baric Have You Any Pull?* a unique 12 year project by Mark with the people of St Helen's Merseyside and Heart of Glass. Patrick and Mark will discuss how, in a town symbolic of national inequality, *Baa Baa Baric* harnesses the power of creativity, imagination and possibility through a radical act of rebellion thereby refuting labels and challenging the status quo.

This is a cross-generational project which tests our sense of what constitutes durational practice and challenges our assumptions about what kinds of supports are required for artists to work over time. This In Conversation event will discuss how this unique artwork '*... recognises the mighty strength of our youngest children to take on the challenges of the world, gives older men in St Helens a voice from beyond the grave and communities a platform to share wisdom and dance to a different tune*'.

[www.heartofglass.org.uk](http://www.heartofglass.org.uk)

### **Mark Storor**

Mark Storor is an award-winning British artist with a national and international reputation. Working



in the space between live art and theatre, he has been described in the British press as “a genuinely visionary theatre maker” and “an alchemist”. He is currently working on a 12 year residency with Heart of Glass, based in St Helens, Merseyside, titled *Baa Baa Baric: Have You Any Pull? A Quiet Revolution*. The work is a long-term collaboration with the people of St Helen's. The project poses the question: Is the most brutal act of barbarism civilisation?

Past projects include *Lifted By Beauty*, commissioned by National Theatre Wales, *Barometer of my Heart* supported by Wellcome Trust and *Little Sister* commissioned by Royal Exchange Theatre.

## Patrick Fox

Patrick Fox is currently Director of Heart of Glass, a national agency for collaborative and social



practice based in St Helens, Merseyside, UK. He is an experienced producer, commissioner and senior arts leader, supporting artists to engage with diverse communities of place and interest to create contemporary work. He is a former Director of Create, Ireland's national development agency for Collaborative Arts and a founder of CAPP, the Collaborative Arts Partnership Programme, a nine-organisation, four-year programme of transnational work, funded through the Creative Europe programme. Patrick is a regular contributor to publications and journals related to participatory arts, and is interested in expanding critical discourse and supporting the development of policy and infrastructure around this field. Patrick is also former Head of Collaborations and Engagement at FACT Liverpool (Foundation for Art + Creative Technology), leading the acclaimed tenantspin (a 12-year Arts and Older People project) as part of his portfolio.

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## About the Contributors | Showcasing Strand

### 15 Miles

15 Miles was a Per Cent for Art commission at St. Brendan's Nursing Home in Loughrea, County Galway. In 2013, Galway County Public Arts Office commissioned four artists to creatively engage with the residents of St. Brendan's, leading to the production of collaborative artworks. One of the commissioned artists, Ceara Conway, produced a photographic participatory-based project.

The main aim of the project was to create a body of personalized photographic works that related directly to the lives and homes of the long-term residents at St. Brendan's; essentially bringing the 'outside in' from within a 15 mile radius, the distance or locale from which the residents are from.

The work was directly influenced and informed by the participation of the residents engaging with the artist. Healthcare manager Bernie Austin collaborated with Ceara on the project.

Further information:

<http://www.artsandhealth.ie/case-studies/15-miles/>

<http://www.artsandhealth.ie/perspectives/the-value-of-collaboration-reflections-on-the-implementation-of-the-per-cent-for-art-scheme-in-a-community-nursing-unit/>

### **Bernie Austin**

Bernie Austin trained as a General Nurse in University College Hospital Galway. Following on from this, she completed a postgraduate qualification in Psychiatric Nursing in St Vincent's Hospital, Dublin. Bernie gained valuable experience working in surgical and medical nursing before moving to a management role within Older People Residential Care and Day Services. She has worked as a Director of Nursing in Community Nursing Units in Galway City and East County since 2005. Throughout her career, Bernie has continued to pursue further academic studies. She has achieved a Degree and a Masters in Health Care Management.



Bernie has a keen interest in arts and music on a personal level and has brought this interest to her work life. She is acutely aware of the value added to the lives of residents within the care environment by engaging with artists and their creative works and has experienced first-hand the positive impact of such engagements. She is always keen to spread this message among her colleagues in the caring profession.

### **Ceara Conway**

Ceara Conway is an independent Irish visual artist and singer working in performance, song and traditional folk practices. She has a track record in producing innovative, experiential installation/performance works that utilise elements such as live singing, appropriated texts, testimonies and visual art to explore social and cultural experiences of power and loss in response to issues such as cultural colonialism, death, exile and migration. Ceara is currently undertaking an artist's residency with Limerick Arts Office and Ormston House, Limerick. Recent commissions include *Breath*, Damer House Gallery; *Time*, Ulster Museum; *DUBH*, EVA International Ireland's Biennale (2016); *Thin Places* Kings College, London (2015); *Vicissitudes*, Derry City of Culture (2013); and *Making Visible*, Irish Museum of Modern Art (2014). Since 2007, she has undertaken residencies with institutes such as Taigh Chearsabhaigh Museum, UK; OTIS College of Art/Suzanne Lacy, Los Angeles, USA; as well as numerous residencies in Ireland.



Ceara has been the recipient of several bursaries/ awards from Galway City & County Arts Office, Limerick Arts Office, the Arts Council, CREATE and Ealain na Gaeltachta. In 2013, Ceara was awarded a Paul Brady Scholarship at the Irish World Academy of Music and Dance, UL. She currently works part-time as the coordinator for the Embrace Arts and Disabilities Programme and the Artists in Schools Programme with Clare Arts Office.

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## **The Creative Well**

The Creative Well arts and wellbeing programme aims to build and support wellbeing and rich life experiences by encouraging adults to engage with their creativity through visual art. A Kildare County Council Arts Service funded project, The Creative Well was piloted and developed by Nicola Dunne and Catherine O'Grady in 2011 and is facilitated by artists Dominic Thorpe and Emma Finucane.

The Creative Well is in residency as "This Must Be the Place" at the Riverbank Arts Centre throughout 2017. The Creative Well and Riverbank Arts Centre will open the McKenna Gallery to explore the permeable nature of the gallery as a space and place for making, discussion, encountering the arts and exhibition.

The 2017 programme includes a series of visual art workshops and artists talks open to all. We will offer a series of opportunities for practicing artists to develop their work by using the gallery as a studio space for short periods in 2017. Building on our successful curatorial project last year we will also work with a number of local organisations to select contemporary artworks for showing in the McKenna Gallery. The Creative Well open studio will continue throughout 2017 providing space on an ongoing basis for individuals to develop their own arts practice and a specific project.

Further information:

<http://thecreativewell.weebly.com>

<http://www.artsandhealth.ie/case-studies/the-creative-well/>

### **Catherine O'Grady**



Catherine O'Grady is currently working as a business manager with the HSE mental health division in mental health engagement. She has worked for the last number of years as a clinical nurse specialist in Adult Mental Health specialising in the area of drama therapy. She has used an arts based framework in designing, developing and implementing new programmes both for patients and in nurse staff training, with significant results. She sees Arts in Health as one of the key components to delivering a high quality person-centred mental health service which can have significant benefits for recipients.

## Emma Finucane



Emma Finucane is a visual artist based in Co. Wicklow. She has been commissioned and supported by the Arts Council , CREATE and Wicklow, Carlow and Kildare County Councils. Her work has been shown in Dublin, Belfast, Germany, the UK, LA and Copenhagen and can be found in many private and public collections including OPW, AIB, DIT and UCD. She is currently working on an interdisciplinary research project with the School of Nursing and Midwifery, UCD. She is a founding member of Outpost Studios and sits on the Board of Directors in Black Church Print Studio. She currently works at the Creative Well Arts and Wellbeing Project at Riverbank Arts Centre, Newbridge and lectures part-time in the NCAD Fine Print Department.

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## CARE

CARE is an investigation into the ethos of palliative care and the people who work in palliative care. It is a piece of theatre produced by WillFredd Theatre, and developed with the company, artistic collaborators and Irish hospice staff from 2012 to 2014. CARE uses live music, movement, text and design to bring the audience through the daily life of a hospice. St. Francis Hospice in Raheny, Dublin was one of the spaces where WillFredd Theatre developed the production with Irish hospice staff and the production was performed at the hospice in 2014.

WillFredd Theatre was founded in 2010. Sophie Motley and Sarah Jane Shiels are the Artistic Directors. WillFredd Theatre aims to create exhilarating theatrical experiences. Our interest lies in new beginnings, inspiring us to develop new ideas and re-imagine older ones, often using direct encounters with communities and individuals as a trigger. WillFredd believes in collaboration, inviting artists of many disciplines to work together from the very beginning of a process, with constant re-evaluation and interrogation of our work along the way.

WillFredd come from a unique place that is both artist and community led. We have created five productions to date - FOLLOW, FARM, CARE, JOCKEY, BEES! - collaborating with a number of communities of place and interest.

Further information:

<http://willfredd.com/>

[www.artsandhealth.ie/case-studies/care/](http://www.artsandhealth.ie/case-studies/care/)

### Regina Mc Quillan

Regina Mc Quillan has a degree in medicine from UCD and underwent general medical training in Ireland and palliative medicine training in London and Cardiff. Regina is a palliative medicine consultant at St Francis Hospice, the specialist palliative care service for north Dublin, and at Beaumont Hospital. She is involved in undergraduate education (honorary lecturer at RCSI) and postgraduate education (a member of the course committee for the MSc in Palliative Care at TCD and National Speciality Director for Palliative Medicine, RCPI).



Regina is interested in access to palliative care and vulnerable groups and is doing research with Cecily Saunders Institute in London and with Prof Hardiman at TCD in relation to motor neuron disease. She is also facilitating research projects about the provision of palliative care for homeless people. Regina obtained a MA (ethics) from Mater Dei/DCU and is a member of the National Advisory Committee on Bioethics.

Interested in the arts on a personal basis, and also in relation to healthcare, Regina has facilitated the development of two plays and has taken part in pre and post show discussions about theatre. She is currently facilitating a visual artist's work.

### Sophie Motley



Sophie Motley studied at the Samuel Beckett Centre, Trinity College, Dublin, and trained on Rough Magic's SEEDS 3 and the National Theatre Studio Director's Programme. She founded WillFredd Theatre and was Associate Director of Rough Magic in Dublin.

Recent Directing work includes *Millions of Years* (ENO Baylis); *BEES!*, *Jockey*, *CARE*, *FOLLOW*, *FARM* (WillFredd Theatre); *Tejas Verdes*, *Vincent River* (Prime Cut); *The Sleeping Queen* (Wexford Festival Opera); and *Everything Between Us* and *Plaza Suite* (Rough Magic). Sophie was Staff Director at English National Opera and Resident Assistant Director at the Abbey Theatre.

## Sarah Jane Shiels

Sarah Jane Shiels is a freelance theatre designer. She began lighting in Dublin Youth Theatre, completing a BA in Drama and Theatre Studies 2006 (Trinity College Dublin), and the Rough Magic Seeds3 programme 2006 - 2008. Since 2010 she has been co-artistic director of WillFredd Theatre.



Recent designs include *The Effect* (Rough Magic); *Educating Rita* (Lyric Theatre); *Dublin Oldschool* (Project Arts Centre); *The Remains of Maise Duggan* (Abbey Theatre); *Override* (White Label); *Rising* (Dublin Youth Theatre); *Town is Dead* (Abbey Theatre); *The Cradle Will Rock* (Lir); *She Knit the Roof* (Earigail Arts Festival); *Lessness* (TheEmergencyRoom); *BEES!*, *Jockey*, *CARE*, *Farm*, *Follow* (WillFredd Theatre); *Everything Between Us*, *The Critic*, *The House Keeper*, *Plaza Suite* (Rough Magic); *PALS* (Winner Irish Times Theatre Award Best Lighting 2015), *The Boys of Foley Street*, *Laundry*, *World's End Lane*, *Basin* (ANU Productions); *How to Keep an Alien* (Sonya Kelly/Rough Magic); *It Folds* (Winner Irish Times Theatre Award Best Lighting 2015), *Dusk Ahead*

(Junk Ensemble); *This Beach*, *Have I No Mouth*, *The Blue Boy*, *Silver Stars* (Brokentalkers).