

Soothing Sounds Live Music Programme Tallaght University Hospital and Children's Health Ireland (CHI) at Tallaght

Joint Call out for Musicians in Healthcare

Arts & Health at Tallaght University Hospital (TUH) in collaboration with Children's Health Ireland (CHI) at Tallaght are inviting musicians to **apply to be a 'Musician in Healthcare' in TUH and CHI at Tallaght.**

Arts and Health at TUH have secured funding to expand their **Soothing Sounds Live Music Programme** for adults. They wish to engage an additional musician in healthcare on a contractual basis for 1.5hrs per week, for 24 weeks in 2023.

CHI at Tallaght have secured funding to deliver a **Soothing Sounds Live Music Programme** to children at the bedside in the paediatric unit in 2023. CHI wish to engage two musicians in healthcare on a contractual basis for 1.5hrs each per week, for 24 weeks.

About the Soothing Sounds Project

Soothing Sounds is a live music programme for patients, staff and visitors at TUH developed by Arts & Health at TUH and delivered by musician in residence, Dr Sophie Lee. The programme, which began in 2018, aims to improve patient and staff experience, reduce stress, and enhance well-being. Reported benefits include:

- Soothing and calming effects for patients
- Enhanced feelings of well-being for patients, families and staff
- Increased social interaction
- Positive effects for staff caring for patients
- Fostering a positive aesthetic environment
- Reduction in stress for patients & families

Soothing Sounds at TUH for adults began in 2021. Music sessions are currently offered in the Vartry Renal Unit, Amber Oncology Day Unit and William Stokes Unit (Age Related) at TUH. The programme offers interactive individual music sessions for patients at bedside, interactive music sessions for small groups of patients and receptive music sessions where patients are invited to relax and listen to the music being played.

For more information, please visit

<https://www.hse.ie/eng/about/our-health-service/making-it-better/live-music-programme-improves-patient-wellbeing-at-tuh.html>

The Soothing Sounds Live Music Programme in CHI at Tallaght is a collaborative, partnership project between Arts & Health at TUH, the CHI Arts in Health Programme and the Play Department at CHI at Tallaght. It will build on the very successful project, **Soothing Sounds**, which ran in CHI at Tallaght from 2018–2021, funded by the HSE. For more information, please see the case study published on [artsandhealth.ie](https://www.artsandhealth.ie).

<https://www.artsandhealth.ie/case-studies/soothing-sounds/#:~:text=Soothing%20Sounds%20is%20a%20music,September%202018%20and%20March%202019>

Applying for the Role of Musician in Healthcare

The successful candidates will be expected to:

- Deliver high quality music sessions to children at CHI at Tallaght or adults in TUH
- Provide 24 weekly, 1.5hrs live music sessions
- Complete and submit an evaluation report to Arts & Health at TUH and the CHI Arts in Health Programme at the end of project.
- Submit a monthly invoice to CHI at Tallaght or Arts & Health at TUH as requested
- Provide a tax clearance certificate
- Have public liability insurance
- Be Garda Vetted (processed by CHI and TUH)
- Ensure references (including one music related) are in place before beginning the role
- Complete all mandatory training on HSEland (Stipend provided)
- Participate in a paid training and mentorship programme. This will include
 - An induction day with Arts & Health at TUH
 - Mentorship, training and shadowing by Dr Sophie Lee and the TUH Arts & Health Team
 - Support from Arts & Health at TUH and the CHI Arts in Health Programme throughout the project.

Person specification:

Essential:

- Degree in music and/or relevant musical experience
- Experience working as a musician with children and/or adults

Desirable:

- Experience working as a musician/performing in an acute hospital
- Experience working in arts and contexts
- Other relevant health care related qualification

Remuneration:

- €2,400 for delivery of live music sessions (€100 per 1.5hr session x 24 weeks)
- €600 for reporting and training

If you wish to apply for the role of Musician in Healthcare, please submit the following:

- Application Form
- CV with references (one of which must be music related)
- Personal statement (500 words)*
*Your personal statement should include why you think you are suited to the role and any relevant background information which supports your application.

The deadline for receipt of applications is 14/04/2023.

Applications should be emailed to: artsandhealth@tuh.ie

Interviews will be conducted on 25/04/2023.

For enquiries please contact: artsandhealth@tuh.ie

About the Arts & Health at TUH and the CHI Arts and Health Programme

Arts & Health at TUH aims to 'provide a creative arts and health programme specific to patient, staff and healthcare department needs; that improves the hospital experience by making arts accessible to all.' It exists to improve patient care and to promote the benefits of the arts in health. Situated in Tallaght University Hospital, the programme aims to improve the hospital experience for patients and staff, to explore the therapeutic potential of the arts, to build positive links with the local community and to make the arts accessible to patients who cannot access traditional arts venues.

The CHI Arts in Health Programme's work is based on the growing understanding of the positive and transformative impact that arts experiences can have on children and young people in paediatric settings. As part of Children's Health Ireland's commitment to place arts, creativity and imagination at the heart of the child's and young person's experience in our settings, we are developing an Arts Programme for the new children's hospital and paediatric outpatient and urgent care centres. We do this in a range of ways and settings. We work collaboratively with children and young people, our healthcare partners and professional artists across all art forms.