



CONNECTIONS AND COLLABORATIONS Conference 2012

The impetus for this conference came from feedback after last year's conference where delegates spoke of the need to showcase and develop high quality practice. Workshops will be led by leaders in the field: artists, performers, musicians, researchers, and people with dementia presenting dance, movement, poetry, singing, drama, film making, technology, along with gallery and walking tours, intergenerational work and much more. All workshops provide opportunities for active engagement and for some sessions, stamina is required!

THE ALBANY

It's wonderful to stage CDAN practice based workshops at the Albany in London. We are grateful to David Slater at Entelechy Arts, one of the resident companies in this flourishing community arts centre, for the opportunity to mount this conference in a live theatre and use purpose designed workshop spaces. The Albany offers a remarkable range of creative arts through workshops, projects and performances in a culturally diverse inner London community. The Albany is 15 minutes from London Bridge by train and slightly longer from Charing Cross. For details of travel and directions go to <http://www.thealbany.org.uk/> Delegates wishing to stay the night before are urged to book as soon as possible. Greenwich has several good hotels and is on the DLR, one stop from Deptford

BOOK NOW USING THE ONLINE BOOKING FORM - [CLICK HERE](#)

This is a key event for commissioners, care providers, academics, student, health, housing and social care professionals, artists or performers with an interest in older people/people with dementia. The conference keynote speaker is Professor Sube Banerjee, a co-author of the National Dementia Strategy. His influential report *Time for Action* (2010) commissioned and accepted by the government, was critical of the abuse of anti-psychotics in care homes. Lunchtime demonstrations and film shows will be confirmed. Delegates are asked to choose a morning and afternoon workshop and descriptions are provided. Finally, bring your dancing shoes as we are ending the event with a networking Tea Dance.

We look forward to welcoming you at the Albany on Monday 11th June 2012.

*Maria Parsons, Director of ARTZ UK - and
founder of Creative Dementia Arts Network*



Connections and Collaborations

Creative Dementia Arts Conference

The Albany Deptford London

Monday June 11 2012

10 am – 4 pm

CONFERENCE PROGRAMME

Conference Chair: Janet Morrison, Chief Executive, Independent Age

10.00 Chair's welcome

10.15 Keynote speech: Professor Sube Banerjee, Institute of
Psychiatry, King's College London & Department of Health

10.45 Refreshments

11.15 Morning workshops

12.45 Lunch

1.15 Demonstrations and exhibitions - to be confirmed

2.00 Afternoon workshops

3.30 Refreshments and a Tea Dance

3.55 Closing remarks

4.00 Conference ends

CONFERENCE WORKSHOPS: Please use the [BOOKING FORM](#) to choose **ONE** morning and **ONE** afternoon workshop. Please note that early booking is strongly recommended to guarantee your first choices.

11.15am Workshop	2.00pm Workshop
<p>Workshop 1. Charlotte Cunningham Tim Yealland & Russell Hepplewhite, Turtle Key Arts</p> <p>Turtle Song</p>	<p>Workshop 8. Chris Gage, Ladder to the Moon,</p> <p>Relationship Theatre TM:changing care practice and staff attitudes</p>
<p>Workshop 2. Lucinda Jarrett, Rosetta Life</p> <p>Touch and communication</p>	<p>Workshop 9. Dr Ruth Bartlett & person living with dementia</p> <p>No Limits - Living well with dementia</p>
<p>Workshop 3. John Killick, Poet</p> <p>Letting the words walk onto the page</p>	<p>Workshop 10. Dr. Richard Coaten,</p> <p>Moving to Longevity</p>
<p>Workshop 4. Neil and Lucy Mapes, Dementia Adventure</p> <p>Exploring space and place: walking with dementia</p>	<p>Workshop 11. Alice Thwaite, Equal Arts</p> <p>Arts on Prescription: promoting well being and combating isolation</p>
<p>Workshop 5. Kathryn Gilfoy Westminster Arts</p> <p>Resonate: Westminster Arts Mentoring artists programme</p>	<p>Workshop 12. Dr. Arlene Astell</p> <p>CIRCA: Enjoying creative arts through technology</p>
<p>Workshop 6. David Slater and Rebecca Swift, Entelechy Arts</p> <p>The 21st Century Tea Dance Experience</p>	<p>Workshop 13. Kate Horbury, Access Officer, Education Department, Royal Academy of Arts</p> <p>InMind@RA Participatory & visual arts experiences for older people</p>
<p>Workshop 7. Sarah Plumb, Modern Art Oxford, Maria Parsons, CDAN and younger and older project participants</p> <p>Lost in Time and Space: intergenerational memories of Oxfordshire</p>	<p>Workshop 14. Bo Chapman and Zoe Flynn, Salmagundi Film</p> <p>How you look at it: empowering people with dementia through film animation</p>

MORNING WORKSHOPS - Please choose ONE

Workshop 1 Turtle Song: Charlotte Cunningham, Director with Tim Yealland and Russell Hepplewhite, Turtle Key Arts

This musical performance art session demonstrates how Turtle Key Arts works with audiences including people with Alzheimer's and all forms of dementia and their carers to produce lyrics and compose the music for their own song. The interactive session includes a physical and vocal warm-up, word generation, the creation of a short song with additional physical elements and lots of fun and laughter.

Website www.turtlekeyarts.org.uk/

Visit You Tube to see how Turtle Key Arts worked with older people at Oxford Options Day Centre to produce a song later performed at the Oxford Playhouse. <http://www.youtube.com/watch?v=w4rXK4Zr92o>

WORKSHOP 2 Touch and communication: Lucinda Jarrett, Director, Rosetta Life

Rosetta Life works with people who have life limiting conditions using writing, music and dance. Lucinda will be showing Rosetta Life's work for the National End of Life Care Programme and discussing a programme of dance and dementia with 5 Worcestershire care homes that the company created as part of an interactive workshop that encourages participants to use of touch and movement to communicate with each other and reflect on their feelings.

Website <http://www.rosettalife.org/>

WORKSHOP 3 Letting the words walk onto the page: John Killick, Poet

John's workshop will engage his group in looking at the importance of listening and transcribing and the process of shaping to make the poem. Everyone will participate in the experience of creating a group poem.

Website www.dementiapositive.co.uk/



Photo credit ARTZ UK

John Killick in full flow at the Arts and Dementia Conference in Oxford 2011

**Workshop 4 Exploring space and place: walking with dementia:
Neil and Lucy Mapes, Directors, Dementia Adventure.**

Dementia Adventure leads parties of people with dementia on green walks, climbs and sailing trips. Good physical health is important for living well with dementia and regular physical exercise not only promotes well being, but reduces stress whilst group activities provide opportunities for social inclusion and socialisation. Join Neil and Lucy on a creative urban dementia adventure in inner city Deptford where the tour explores spaces and places in a culturally diverse neighbourhood and its local parks. Numbers are limited so book your place asap. Comfortable shoes, macs and umbrellas are advisable.

Website <http://dementiaadventure.wordpress.com/>

**Workshop 5. Resonate: Westminster Arts Mentoring artists programme:
Kathryn Gilfoy, Programme Manager, Resonate, Westminster Arts**

Kathryn will present the work of Resonate, a programme of arts work for older people with mental health problems led by Westminster Arts and funded by NHS Westminster explaining how she supports artists through a specialist artists mentoring scheme. This model enables artists to work with individuals and groups of older people in different settings and provides lots of food for thought for other arts organisations wanting to work with local artists.

Website <http://www.westminsterarts.org.uk/>

**Workshop 6 The 21st Century Tea Dance Experience: David Slater,
Director, & Rebecca Swift, Creative Producer, Entelechy Arts**

This workshop by Entelechy Arts offers a multi-sensory salon that shares the experience of our Deptford Project –an inclusive cross-generational programme that works creatively with frail elders and many others from their immediate and wider communities. The programme is creating new spaces and places for people from very different backgrounds to create and share work together. The salon will blend the sharing of techniques and strategies with conversation and sensory based experiences.



Photo Credit: Entelechy Arts

Website <http://www.entelechyarts.org/>

Workshop 7 Lost in Time and Space: Sarah Plumb, Project Manager, Learning & Partnerships, Modern Art Oxford and Maria Parsons, ARTZ UK, CDAN plus project participants including younger people, and older people with dementia.

The Lost in Time and Space (LITAS) project takes as its starting point an exhibition by Kerry Tribe presented by Modern Art Oxford staged in 2011. Bringing together a group of younger people and older people with dementia and their carers, a writer, photographer and film maker and volunteers the project group has produced a film about memory drawing on their lives and homes in Oxfordshire. An exhibition showing LITAS project will run at Modern Art Oxford in May 2012.



Photo credit Modern Art Oxford

Website <http://www.modernartoxford.org.uk/>

AFTERNOON WORKSHOPS. Please choose ONE

Workshop 8 Relationship Theatre – changing care practice and staff attitudes in care homes: Chris Gage, Creative Director, Ladder to the Moon

Ladder to the Moon has pioneered Relationship Theatre™ using an approach that includes coaching, training and creativity to enable care providers to improve the quality of their services. This interactive workshop engages participants in improvisation and explores how Ladder to the Moon programmes and its longer residencies inject of fun, variety and surprise to day-to-day life whilst providing people living with dementia and care staff with opportunities to share emotions, feelings, experiences and ideas and to develop more person centred care.

Website

[http://www.laddertothemoon.co.uk/Ladder to the Moon/Home.html](http://www.laddertothemoon.co.uk/Ladder_to_the_Moon/Home.html)

**Workshop 9 NO LIMITS - Re-imagining Life with Dementia:
Dr Ruth Bartlett and a colleague with dementia.**

Re-imagining life with dementia is an exhibition developed in partnership with men and women with dementia including members of the Scottish Dementia Working Group (SDWG) a campaign group set up and run by people with dementia. Ruth Bartlett will present the project with a member of the project group who is living with dementia, showing how they worked with an installation artist and filmmaker to produce images and a range of resources that raise awareness of dementia and challenge stigma and stereotypes.

Website <http://nolimitsdementia.com/>

**Workshop 10 Moving to Longevity: Dr Richard Coaten, Dance
Movement Psychotherapist, South West Yorkshire Partnership NHS
Foundation Trust**

This workshop offer participants an opportunity to join Richard in a flowing and inspiring mixture of the theoretical and the practical woven together, involving live and recorded music, movement and dance, voice, song, story and contact. Predominantly based on a group-working approach, it will offer non-verbal opportunities to find different ways to connect, to move, to dance and to celebrate 'that which remains'. The ideas and techniques used are simple yet not simplistic, childlike without being childish, and draw on Jungian approaches to psychotherapy. In all our work with people with any kind of dementing process, it is important in and through relationship, to find, touch and explore those aspects of ourselves that are in essence "re-menting". In this work and approach there lie opportunities to reveal, explore and celebrate a 'hidden humanity', hidden depths of our human spirit: *'Deep in the forest there's an unexpected clearing that can be reached only by someone who has lost his way'*. Tomas Tranströmer

Contact richard.coaten@swyt.nhs.uk

**Workshop 11 Arts on Prescription - promoting well being and combating
isolation: Alice Thwaite, Director, Equal Arts**

The mission of Equal Arts is to improve the quality of people's lives by helping older people participate in high quality arts activity. Equal Arts is based in Newcastle and runs a wide range of community based programmes through the North East region working with professional artists in partnership with residential care homes, sheltered accommodation schemes, GPs and hospitals, community venues, arts and cultural venues, local authorities, and older people's organisations. The workshop, led by Alice Thwaite, will introduce their Arts on Prescription programme showing the value of using arts in promoting the well being of older people with dementia and reducing social isolation.

Website www.equalarts.org.uk

Workshop 12 Computer Interactive Reminiscence Conversation Aid “CIRCA”: Dr Arlene Astell, University of St Andrews

Dr Arlene Astell is primarily interested in practice based applications of her research with people with dementia including communication and end of life care. She will present CIRCA showing how technology has a part to play in making creative arts available for people with dementia. The photo on the conference flier shows CIRCA in use at a Sanctuary Care home

Website

<http://ibans.standrews.ac.uk/groupProfile.aspx?gc=IBANSHUMCOG>



Photo credit Arlene Astell

Workshop 13 InMind@the RA: Kate Horbury, Royal Academy of Arts

The Access Programme at the Royal Academy of Arts promotes activities for audiences with disabilities. Kate will be talking about on its programmes called InMind @ the RA, for older people including those with dementia and their carers visiting the gallery. Her illustrated presentation looks at the benefits of participation for older people with dementia. The photograph on the conference flier shows Kate leading an InMind@ RA session.



Photo credit RA Learning Department

Website <http://www.royalacademy.org.uk/events/accessevents>

Workshop 14 How you look at it: empowering people with dementia through film animation: Bo Chapman & Zoe Flynn, Salmagundi films

Salmagundi developed their Frames of Mind© approach using stop-go film animation in care homes and day care settings. They work with older people including those with dementia to animate life stories and with staff and family carers. Drawing on examples from work with Sutton Council, Housing 21 and Central and Cecil Housing Association Bo and Zoe will explore positive outcomes for older people with dementia of using film animation techniques especially to improve communication, well-being and cognitive ability.

Website: www.salmagundifilms.co.uk

Finally thanks to Danielle Battigelli a member of the CDAN Steering Group for providing this lovely photo for the conference flier that shows older people with dementia and carers enjoying a concert in Oxford.

Danielle Battigelli organises Moving Music Concerts for people with dementia & their carers at the Jacqueline De Pre Music Building, St Hilda's College, Oxford. The next concert, that as usual, includes a recital and a sing along, takes place on 19 April 2012. For further details please contact Danielle Battigelli movingmusic.idp@gmail.com



Photo credit Shehani Fernando

To book your place, please use the online booking form [HERE](#)

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