

# WELCOME TO THE KILDARE 2016 DANCE & MOVEMENT SUMMER SCHOOL

## 18 July 2016 - 22 July 2016

### **Kildare County Council Arts Service is delighted to announce our 2016 Dance & Movement Summer School Programme!**

This year we will be expanding our programme to incorporate a Dance & Health seminar whilst continuing to deliver our renowned summer school of Laban, Dance & Movement that offers a varied and engaging series of workshops for you to choose from.

The Summer School offers a 'pick and mix' programme allowing you to immerse yourself in an exciting range of approaches to dance, movement and health. Please download booking form [here](#).

### **Who is the 2016 Kildare Dance & Movement Summer School for?**

We welcome people of all backgrounds aged 18+. Previous experience of Laban's work or other dance techniques is not essential. We are open to all, and people of all levels of ability and mobility can engage in the various workshops on offer. The workshops will enhance the work of dancers; from beginners to practitioners, actors, youth & community groups / workers, social workers, academics, health care providers, physical therapists and many others who wish to develop expression and communication through movement.

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### **Dance and Movement Summer School: 18 July - 20 July 2016**

We aim to offer you a chance to develop your dance skills through technique and choreographic workshops from dancers such as:

Ailish Claffey (ROI) / Anna Carlisle (UK) / Cathy Coughlan (ROI) / Colm Gallagher (UK) / Humanz Collective (ROI) / Noeleen Mc Grath (NI) and Magdalene Hylak (ROI) / Wendy Hermelin (UK)

### **Dance and Health Seminar: 21 July - 22 July 2016**

In strategic partnership with Dance Ireland and Move4Parkinsons we will be offering a specific Dance and Health seminar for the final two days of the summer school focusing on Dance for Parkinson's Disease and Dance and Health. This seminar will offer a unique opportunity to work intensely over the final two days with dancers: David Leventhal (USA - Dance for PD, Mark Morris Dance Group) and Dr. Jenny Elliott (NI - CEO Arts Care)

The 2016 Summer School will continue to explore Rudolf Laban's fundamentals i.e. The Body, Space, Effort, & Relationship as our previous years have, whilst offering a new programme of work that will explore dance and health, contemporary dance and screen based technology, dance and disability, and youth & community dance.

**To celebrate both our continuous and new partnerships in dance the 2016 Kildare Dance & Movement Summer School will offer a 10% discount on all tickets this year for people who have up to date membership with Dance**

**Ireland, The Laban Guild UK & Move4Parkinsons. Please contact the liaison person for these individual organisations to receive the unique organisational discount code to enter at the time of payment.**

Please note Kildare County Council Arts Service will not give out these discount codes as you must be current / affiliated members with our partner organisations to receive them.

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### **What is the cost of the 2016 Kildare Dance & Movement Summer School?**

There are a range of ticketing options for this year's summer school to suit most budgets.

5 day / Full Week Pass / 18-22 July / €400.00

3 day / Dance and Movement Pass / 18-20 July / €350.00

2 day / Dance and Health Pass / 21-22 July / €250.00

1 day / Day Pass / Open to any day of your choosing / €132.27

Please contact Carolann Courtney (Kildare's Arts & Health Specialist) for group bookings. Tel: 083 1709589 / 00353 45448316

**BUY TICKETS [HERE](#)**

You must book the workshop of your choosing before attending the summer school, failure to do so may result in you not gaining entrance to the workshop of your preferred choice. Booking form [here](#).

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## **DANCE AND MOVEMENT SUMMER SCHOOL SCHEDULE / WORKSHOP INFORMATION**

### **MONDAY 18 JULY 2016**

#### **9.20 - 10.30AM : WELCOME WARM UP - COLM GALLAGHER**

A dance experience that gently welcomes the participants to Summer School and into the realm of the art of dance.

Ability Range: All skill level welcome, participants can engage at their own pace.

#### **10.30AM - 12.00PM: LABAN STUDIES - AILISH CLAFFEY**

Led by experienced Laban tutors, these workshops will explore key aspects of Laban Fundamentals i.e. a systematic analysis of movement in relation to dynamic use of body in space. These sessions are mandatory for students of the Laban Guild Dance Leaders Course and are also open to all with some previous dance experience.

Ability Range: Some previous Laban & dance experience needed for this session.

#### **10.30AM – 12.00PM : WORKSHOP - CRAFTING LABAN BASED DANCE CLASS FOR ALL - NOELEEN MCGRATH & MAGDALENE HYLAK**

Practical and theoretical exploration and study of Laban Body and Space fundamentals, introducing a variety of tools and aspects to focus on when crafting Laban based sessions in the community. This is an introductory session for non

LABAN dancers to introduce them to idea of using LABAN principles within a dance class

Ability Range: Participants can be familiar with the concepts of Laban fundamentals but it is not essential, this workshop is open to all; non-dancer, beginner, community, professional & dance practitioners.

*Note: students of the Laban Guild Leaders Course can choose from either morning workshops, but must attend one.*

**12.00PM – 12.40PM : BREAK (Tea, coffee, light refreshments)**

**12.45 - 2.45PM + 3.30 - 5.30PM : DANCE AND DISABILITY - COLM GALLAGHER  
“Feel the Fear and Dance Any Way”**

Feel the individual dynamic within the group into dancing intuitively and fearlessly. Colm Gallagher’s workshops focus on the celebration of individual ability. It’s a two-way conversation. This is an open workshop for people of all abilities and mobility’s. \*Please let coordinator Carolann know of any supports you may need in place to participate in this workshop.

Ability range: non-dancer, beginner, open to community, professional & dance practitioners.

**2.45PM- 3.30PM LUNCH\***

**12.45 - 2.45PM + 3.30 - 5.30PM : SITE SPECIFIC DANCE CHOREOGRAPHY - ANNA CARLISLE**

This workshop will use the stimulus of the physical and natural environments of Maynooth University to inspire the making of a group dance, drawing attention to the use of choreographic devices to create designs which are reflective of the stimulus idea.

\*Please note that part of this session will take place outside in the gardens of the university weather permitting.

Ability range: community and dance practitioners

**5.30PM – 6PM: SHOWCASE / REFLECTION / SHARING**

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**TUESDAY 19 JULY 2016**

**9.30 -11AM : LABAN STUDIES - ANNA CARLISLE**

Led by experienced Laban tutors, these workshops will explore key aspects of Laban Fundamentals i.e. a systematic analysis of movement in relation to dynamic use of body in space. These sessions are mandatory for students of the Laban Guild Dance Leaders Course and are also open to all with some previous dance experience.

Ability Range: Some previous Laban & dance experience needed.

**9.30 - 11AM : WORKSHOP - DANCE & STIMULUS - WENDY HERMELIN  
INSPIRATION FOR DANCE**

This workshop shall explore a variety of starting points to create motifs that could be developed into dances.

Ability range: non-dancer, beginner, open to community, professional, dance practitioner

**11.00AM – 11.30PM : BREAK (Tea, coffee, light refreshments)**

**11.30 - 1.30PM + 2.30 - 4.30PM : DANCE AND YOUTH IN THE COMMUNITY - WILD YOUTH DANCE / HUMANZ COLLECTIVE**

This workshop will explore basic ideas of geometry in hip hop movement, creating patterns and shapes within the body with use of different speed, dynamic, levels and energy. Its also an introduction to emotional connection with music and partner work in hip hop dance. Students will be given limited amount of information in order to allow freedom for their own decisions to come into play.

Ability range: non-dancer, beginner, open to community, professional, dance practitioner

**1.30PM – 2.30PM : LUNCH\***

**11.30 - 1.30PM + 2.30 - 4.30PM : DANCE AND SCREEN BASED TECHNOLOGY - CATHY COUGHLAN**

The workshop will examine the role of screen based technology within embodied practice. Specifically, we will look at;

Ways of enhancing the artistic outcomes of community collaborations

Extending the possibilities live performance, Dance on film (an art form in and of itself!?)

Research through the use of recorded material and Screen dance on a budget (the practicalities of digital practice)

Ability range: Professional/Dance practitioner/Screen based artists

*Additional Info - Participants are encouraged to use technology available to them within the workshop (including smart phones, laptops, digital cameras) provided there is full agreement from the group.*

**4.30PM – 5.00PM : SHOWCASE / REFLECTION / SHARING**

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**WEDNESDAY 20 JULY 2016**

**9.30 - 11AM : LABAN STUDIES – MAGDALENE HYLAK & NOELEEN MCGRATH**

Led by experienced Laban tutors, these workshops will explore key aspects of Laban Fundamentals i.e. a systematic analysis of movement in relation to dynamic use of body in space. These sessions are mandatory for students of the Laban Guild Dance Leaders Course and are also open to all with some previous dance experience.

Ability Range: Some previous Laban & dance experience needed.

**9.30 - 11AM : WORKSHOP - LIVING ARCHITECTURE - ANNA CARLISLE**

Our movements in space create designs and forms which can be described as 'organic geometry'. This workshop will facilitate awareness of the ways in which we create 'drawings on space'. It will lead towards the choreography of small dance pieces which can be described as 'Living Architecture'.

Ability range: community and dance practitioners

**11.00AM - 12.30 : LUNCH\* | NETWORKING OPPORTUNITY**

**12.30PM - 4.30PM : MOVEMENT CHOIR - WENDY HERMELIN  
THE CYCLE OF LIFE**

The movement choir is traditionally the final workshop of the Summer School, but this year we are shaking things up! Open to all and a wonderful way to bridge the two sections of the Summer School this year. The aim will be to create a dance piece that follows a universal theme. It will be made up of several short sections that together form a whole. The movement will be created by the dancers within a given framework and will be a combination of solos, duets, small group work and whole group work creating a harmonious whole.

Ability range: non-dancer, beginner, open to community, professional, dance practitioner

**4.30PM – 5.00PM : SHOWCASE / REFLECTION / SHARING**

**DANCE & HEALTH SEMINAR  
THURSDAY 21 – FRIDAY 22 JULY**

**THURSDAY 21 JULY 2016**

**9.00AM-9.30AM REGISTRATION**

**9.30AM WELCOME & KEYNOTE ADDRESS** - David Leventhal and Dr. Jenny Elliott

**10.00AM-11.00AM FILM SCREENINGS**

David Leventhal will present “Capturing Grace”, a documentary showcasing internationally-acclaimed Dance for PD® a collaborative programme from Mark Morris Dance Company & Brooklyn Parkinson Group /

Dr. Jenny Elliott will present a series of shorts showcasing the work of Arts Care in Northern Ireland, focusing on the Centre’s general dance work and work with older people.

**11.00AM-11.30AM BREAK (Tea, coffee, light refreshments)**

**11.30AM-1.30PM DANCE WORKSHOP - David Leventhal** (See information below)

**1.30PM-2.20PM LUNCH\***

**2.20PM- 5.00PM LECTURE / DEMONSTRATION – Dr. Jenny Elliot  
& DANCE WORKSHOP– David Leventhal**  
(See information below)

**5.00PM-5.30PM IN CONVERSATION – A reflection on the day with David  
and Dr. Jenny Elliott.**

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## FRIDAY 22ND JULY 2016 - DANCE & HEALTH

- 9.30AM-11.30AM DANCE WORKSHOP – David Leventhal** (See information below)
- 11.40AM-1.40PM LECTURE / DEMONSTRATION – Dr. Jenny Elliott**  
(See information below)
- 1.40PM-2.30PM LUNCH\***
- 2.30PM - 3.30PM DANCE & HEALTH SHOWCASE** – a series of short presentations from national and international practitioners.
- 3.30PM - 4.30PM IN CONVERSATION** – A reflection on Dance and Health with David Leventhal & Dr. Jennie Elliott.
- 4.30PM - 5.30PM CLOSING WORKSHOP** – A collaborative & experiential workshop co-facilitated by David Leventhal and Dr. Jenny Elliott.
- 5.30PM CHOIR PERFORMANCE** – We welcome the *Voices of Hope Choir* to close our inaugural Dance and Health Seminar and end our week of dance at NUI Maynooth.

## Dance & Health Workshop Information

### David Leventhal

Over the course of the Dance & Health Seminar David Leventhal workshops are designed to provide dancers with a two-day 'immersion' look inside the internationally-acclaimed Dance for PD® program in order to learn about best practices and methods from one of the program's founding teachers. Incorporating film, discussions, active demonstration and interactive sessions, this workshop will provide a wealth of valuable information about how dancers can harness their creative and technical knowledge and approach to movement to serve special populations and those with specific health concerns. Participants will come away with new appreciation for their existing knowledge and skills, and with new tools that form a new framework for engaging one's community through dance. These workshops are progressive so if possible we ask for attendees to participate for the two full days.

### Dr. Jenny Elliott

During the Dance & Health Seminar Dr. Jenny Elliott will engage all participants to examine the role of dance and the dancer within healthcare. Through a series of cohesive lecture / demonstrations she will use dance as a vehicle for the participants to explore these vital questions:

How do we authentically build a dance culture at the heart of healthcare and what are the benefits of doing this?

What are the current risks to dance delivery in healthcare?

What is the role of the professional dancer in healthcare?

Is there a political, subversive and transformative role or is the dancer role to deliver an exercise and movement service that becomes a vehicle for healthcare service delivery?

**The Dance & Health Seminar is open to dancers of all levels, people living with Parkinson's Disease, carers, health care practitioners of all disciplines and anyone interested in Dance and Health.**

This event is curated by Ailish Claffey and organised by Kildare County Council Arts Service.

The Dance and Health Seminar (as part of 2016 Kildare Dance and Movement Summer School) is a strategic partnership between Kildare County Council, Dance Ireland and Move4Parkinsons.

The Kildare Dance & Movement Summer School is a continuous partnership between Kildare County Council Arts Service and The Laban Guild UK.

## **ARTIST INFORMATION (A-Z)**

**AILISH CLAFFEY, BA(Hons) Dance Theatre (TRINITY LABAN), Theatre Directing (NUIM) | Curator of the 2016 Dance Summer School**

Ailish Claffey is a freelance dance artist, choreographer, director, dramaturg and performer. Currently Dancer in Residence, Age Related Health Care Unit, The National Centre for Arts and Health, Tallaght Hospital (AMNCH), Ailish chooses to specialise in Choreological Studies and Dance & Health. Creating and performing new work in a collaborative capacity since 2007, Ailish has worked professionally with choreographers including Anneke Hansen Dance (NYC), Irish Modern Dance Theatre (Ire), Sara Rudner (NYC) and Daria Fain (NYC). Ailish's choreographic work and collaborations have been performed internationally including New York, Boston, Pennsylvania, Canada, Sweden, Bulgaria & Scotland in addition to various national venues including The Project Arts Centre (Dublin) & The Firkin Crane (Cork). Having completed numerous artistic residencies both nationally and internationally, Ailish's choreographic work has been performed as part of The Dublin Dance Festival, The Dublin Fringe Festival, Bealtaine, The Kinsale Arts Festival, Green Ribbon Week and Abundance Festival (Sweden). Ailish's work is kindly supported by Dance Ireland, The Arts Council, Ireland and Culture Ireland.  
[ailishclaffeydance.wordpress.com](http://ailishclaffeydance.wordpress.com) | [www.havocdance.com](http://www.havocdance.com)

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### **ANNA CARLISLE**

Anna Carlisle was a scholarship student at the Royal Academy of Ballet before training in Modern Dance at the Art of Movement Studio under Lisa Ullmann. She has taught extensively on the national and international circuits specialising in Laban Studies, Choreography and Dance Education. She has recently worked as Lead Tutor on the M.Ed. Dance Research programme at the University of Bedford. Choreographic commissions include Site specific works, opera and theatre productions.

Anna is Chair of the Lisa Ullmann Travelling Scholarship Fund and President of the Laban Guild. Current projects include the provision of Professional Development Courses in Laban Studies. Her long-term interests - research into Laban's concept of 'Living Architecture and the healthy need for engagement in the joy of Dance. Anna was awarded the MBE for Services to Dance in 2003.

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### **CATHY COUGHLAN**

Cathy Coughlan is an independent dance | visual artist based in Dublin. She is currently Dance Artist in Residence at RUA RED Arts Centre, supported by The Arts Council and South Dublin County Council. In 2015 Cathy received Create's - Artist in the Community Bursary Award - where her research focused on new modes of collaborative practice through screen based technology. This research culminated in the co-founding of a remote dance company [www.havocdance.com](http://www.havocdance.com). Most recently her work was curated by Matthew Nolan as part of Rewind Film Festival (2015) where she premiered her dance-film 'Outside In', along with a series of dance documentaries 'Shift' and a digital duet 'Non-verbal'. In 2014 Cathy choreographed and directed 'Source', a production for Tiger Dublin Fringe Festival, which gained two award nominations.

Supported by The Arts Council, Cathy trained as professional dancer in the UK (1994-97) and continued her arts training with The National College of Art and Design, gaining a B.A. in fine art (2005). Cathy's work has also been funded and supported by Dublin City Council (Project Award), Laois County Council/Laois Partnership (Residency support funding), The Dunamais Arts Centre (2010-2012 Residency), Dance Ireland (2013/2014 Residency) and Shawbrook Dance Centre (2015 Hatch Residency). As an artist working in a collaboration with communities she has delivered projects and performances in association with RADE, Common Ground, Create, Focus Ireland, the Fatima Regeneration Project, Dunamais Arts Centre, Dublin City Council and Dance Ireland. For the last six years Cathy has worked closely with CoisCeim Broadreach in association with Bealtainne Festival - presenting work at IMMA, Hugh Lane Gallery, Aviva stadium, Axis Theatre and The IFI.

Find out more: [infowww.havocdance.com](http://infowww.havocdance.com) | [www.cathycoughlan.com](http://www.cathycoughlan.com)

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### **COLM GALLAGHER**

Colm Gallagher is a dancer performer choreographer workshop leader and is currently the Co -Director of London based AMICI Dance Theatre Company [www.amicidance.org](http://www.amicidance.org) which celebrated its 35<sup>th</sup> anniversary in 2015.

The creative philosophy of this company is entirely based on the opportunity on any individual to experience, share and develop their own style of direction and movement vocabulary. This ethos is the only constant within the company. AMICI provides a safe environment for this to happen. It involves looking intuitively for dance in small things. Successful practice involves the inherent belief that *nothing* is impossible. There must be belief and trust in the working group moreover each individual is recognised as an artist and recognises this in themselves.

Colm has worked and taught on many projects in Germany, Ireland, Austria, Poland, USA at Harvard University, Italy, Spain, Bulgaria, Egypt Japan Sri Lanka. In 2013



Colm worked on an international project in Germany with Wolfgang Stange Royston Maldoom, a dancer from the Pina Bausch Company and a cast of nearly 160 impaired performers, orchestra and choir on an open air stage. This project has since been made into an acclaimed documentary film, "*Carmina*", by Sebastian Heinzel.

As well as regular classes and workshops around London and England Colm is a visiting lecturer in the dance departments of the Universities of Roehampton and Middlesex.

Find out more: [www.amicidance.org](http://www.amicidance.org)

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## **DAVID LEVENTHAL**

David Leventhal is a founding teacher and Program Director for Dance for PD®, a collaborative program of the Mark Morris Dance Group and Brooklyn Parkinson Group that has now been used as a model for classes in more than 100 communities in 15 countries. He leads classes for people with Parkinson's disease around the world and trains other teachers in the Dance for PD® approach. Since 2007, he has trained more than 600 teachers in the Dance for PD® approach in 25 cities around the world.

He's co-produced three volumes of a successful At Home DVD series for the program and has been instrumental in initiating and designing innovative projects involving live streaming and *Moving Through Glass*, a dance-based Google Glass App for people with Parkinson's. Along with Olie Westheimer, he is the co-recipient of the 2013 Alan Bonander Humanitarian Award from the Parkinson's Unity Walk. He has written about dance and Parkinson's for such publications as *Dance Gazette* and *Room 217*, and has a chapters about the program in two recently published books: *Moving Ideas: Multimodal Learning in Communities and Schools* (Peter Lang), and *Creating Dance: A Traveler's Guide* (Hampton Press).

He is in demand as a speaker at international conferences and symposiums, and has spoken about the intersection of dance, Parkinson's and health at the University of Michigan, Rutgers, Penn State Hershey Medical Center, Brown University, Stanford, Columbia, Georgetown, and Centre Hospitalier Universitaire de Liège (Belgium), among others.

He's featured in the award-winning 2014 documentary *Capturing Grace* directed by Dave Iverson. As a dancer, he performed with the Mark Morris Dance Group from 1997-2011, appearing in principal roles in Mark Morris' *The Hard Nut*, *L'Allegro, il Penseroso ed il Moderato*, and *Prokofiev's Romeo & Juliet, on Motifs of Shakespeare*. He received a 2010 Bessie (New York Dance and Performance Award) for his performing career with Mark Morris. He graduated from Brown University with honors in English Literature.

Find out more: [Dance for PD® website](#) | [MMDG website](#) | [Schedule a phone meeting with me](#) | [FAQ](#) | [Facebook](#) | [Twitter](#) | [Order our DVDs](#)

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## **Humanz Collective**

Humanz Collective are a group of movers coming from different backgrounds united in the idea of bridging the gap between hip hop and contemporary dance. Based in Dublin, the collective has created space for dancers to explore possibilities of body

contact in hip hop. Humanz Collective has created several events like Cypher Kingz, Ex-perimental and Work in Progress, where their community had a chance to learn, showcase and exchange their ideas of future of hip hop dance.

Their members have worked with CoisCéim dance, RTÉ, choreographed for theatre shows (Anna in-between, Myths of the future exotic), Penny Dreadful, Collaborations at Smock Alley, taught classes in countries like Venezuela, Holland, UK, Spain and Poland.

Find out more: Facebook: WildYouthDanceSchool / Instagram: labeledjustlikeyou

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### **Dr. Jennie Elliott**

Dr. Jenny Elliott is a dancer, choreographer and Chief Executive of Arts Care Northern Ireland. She received the Belfast City Council Award for Enhancing Healthcare through Dance-based Programmes (1999) and the Unison Award for Development of Creative Programmes that Enhance Healthcare (2006).

Find out more: [www.artscare.co.uk](http://www.artscare.co.uk)

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### **Magdalena Hylak**

Magdalena Hylak is a Clifden based dancer and choreographer. She studied cultural studies, including theatre and dance, at University of Wroclaw, Poland. She has completed The Laban Guild CPD Dance Leader Course and then CPD Module in Further Laban Studies in 2015.

She has worked with companies and choreographers including Fabulous Beast Dance Company (Irl), Liz Roche (Irl), Lea Anderson (Uk), Ciotóg (Irl), Catherine Young Dance (Irl) and Jacek Gębura (Pl) amongst others. Her dance productions were shown during Dublin Dance Festival, Galway Culture Night and commissioned by both Galway Dance Days and Clifden Arts Festival.

Her most recent work was shown in Italy with the support of Culture Ireland and Galway Dance Project. She has taught Laban based workshops and professional dance classes for Galway Dance Project, Ciotóg, Colaiste Dhulaigh College of Further Education and creative movement and dance sessions for Irish Wheelchair Association, Paving the Way, Criost Linn; as part of Clifden Arts Festival and Social Inclusion Week.

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### **Noeleen McGrath**

Noeleen McGrath has been teaching and coordinating on Laban CPD courses for the past 8 years and has taught on two previous Maynooth summer schools. A qualified and highly experienced Drama, English and Dance teacher, she has taught successfully in a huge variety of educational establishments in Northern Ireland over the past 20 years. She has held Head of Department roles; worked with primary schools on creative dance and drama projects, lectured and advised PGCE students at the University of Ulster; is an A level examiner for CCEA Performing Arts and a GCSE English examiner. She currently works as an examiner recruitment officer for CCEA and is advising and writing resource material for Drama. She is also working in her local community on a variety of council based artistic projects.

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**Wendy Hermelin**

Wendy is an experienced Laban teacher and choreographer. She has worked primarily in the UK and abroad in the community and in education and teaches on the Laban Community Dance Leaders' Training courses. Wendy is also a textile artist exhibiting and selling in the south west of England.

Find out more: <http://www.wendyhermelin.co.uk/>